



2023





# YEAR 10 ELECTIVES COURSE INFORMATION FOR STUDENTS

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#### **VISUAL ARTS**

# SEMESTER 1: 2D ART - MIX IT UP! MIXED MEDIA







Artist block? Do you ever want to make art but not know what medium to work with? Why draw when you can paint...or why paint when you can print. In this 2D mixed media course you never have to choose just one because you can work with them all! Explore collage, printmaking, ink and wash, drawing AND painting, all of the things to create mixed media and experimental artworks.

Cost: \$45

# SEMESTER 2: 2D ART - MAKE YOUR MARK! STREET ART AND PRINTMAKING







Ever feel like you need to make your mark on the world? In this 2D printmaking unit you will explore the different methods for creating repeatable artworks using printmaking, stencils and spray paint. Explore the rise of stencil printing and look at artists like Banksy who uses his artwork to send social and political messages. Explore art making using linocut printing and stencil printing. Create your own sprayed stencil mural about a topic that is important to you.

#### SEMESTER 1: 3D ART - FUNCTIONAL CERAMICS







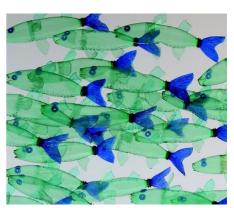
Pottery has been used for functional purposes since the beginning of civilisation. Using clay, you will explore different methods of constructing everyday pots and vessels, including an introductory course on throwing using the potter's wheel. In this unit you will focus on the functional uses of pottery making useful items such as a mug and plate, noodle bowls, platters or even a candle holder! You will have opportunities to explore different methods of surface design and specialist glazes because let's face it, we all want our mugs to be cute!

**Cost: \$65** 

# SEMESTER 2: 3D ART - TRASH OR TREASURE? RECYCLED SCULPTURE







Art making doesn't need to involve pencils and paint – recycled objects, found objects, even the natural spaces around us can be used to make art. Inspiration is everywhere around us – sometimes it is in nature or sometimes it's the junk left behind. In **Trash or Treasure** you will explore environmental art and work on sculptural pieces using trash, recycled and upcycled objects to create installation pieces. Learn sculptural techniques and work with unconventional materials to turn that trash into treasure – with a message about sustainability.

#### **MEDIA STUDIES**

#### SEMESTER 1: MANIPULATING IMAGE AND TIME





Refine filmmaking techniques using slow motion, fast forward and freeze frames to create intriguing transitions in a short film production. In this hands-on class you will go behind the scenes to learn about the exciting world of film production and learn how producers manipulate images and film sequences. Use photoshop to manipulate images and explore the influential world of advertising. Refine filmmaking techniques using slow motion, fast forward and freeze frames to create exciting transitions in short film productions.

Cost: \$37

#### SEMESTER 2: FACT OR FICTION





Don't believe everything you see on TV – even 'reality' shows are carefully curated to show a version of truth – the truth according to the filmmaker. In **Fact or Fiction**, you will explore a different kind of film making – one where you get to choose stories to tell and more importantly, how you want to tell them. Learn how Reality TV shows and Documentaries are made and how the careful processes of selection and omission help to encourage audiences to view people and events in specific ways. Film your own versions of truth and work with state-of-the-art editing software to take your production to pro level.

#### **DESIGN**

# **SEMESTER 1: PHOTOGRAPHY**







Using DSLR cameras, learn how to set up beautiful images and capture the perfect moment. Use the rules of composition and design principles to create distinctive images. Develop your skills in Adobe Photoshop to fine tune your images; learn how to overlay and blend different images together to create stunning images then use those images for artistic or commercial purposes.

Cost: \$37

#### SEMESTER 2: GRAPHIC DESIGN







Enter the world of digital design! Learn to manipulate images, create logos, posters and other cool visual designs that combines different elements. Learn design principles and develop skills in the Adobe suite programs such as Photoshop and Illustrator.

#### YEAR LONG COURSE: JAPANESE







Students will build upon the Japanese language content learnt in Years 7 and 8 and develop their proficiency and understanding of Japanese culture. Students will use written and spoken Japanese to interact with peers, the teacher and other Japanese speakers to exchange information and opinions about personal interests and experiences. With support, they will share information about broader topics of interest such as education, travel, sport, teenage life and popular culture.

**Cost: \$25** 

# **HASS**

#### SEMESTER 1 - LIVING OFF THE LAND







Want to learn how to survive from the land, Bear Grylls style? Want to know where the food you eat comes from and how to grow it? Get your hands dirty working in our community garden. Learn survival skills, how to grow food, and indigenous knowledge about the land.

#### **Cost \$50**

#### SEMESTER 2 - SUSTAINING LIFE







What happens to our food between the farm and the table? How can we harness natural resources for survival? Can you build a solar panel? Work with the produce from our community garden to learn sustainability practices, survival skills and indigenous knowledge about the land.

# **HEALTH AND PHYSICAL EDUCATION**

#### SEMESTER COURSE: ADVANCED SPECIALISED HPE - AFL



This course is designed to provide students with opportunities to extend their skills and knowledge as an elite performer in the sport of AFL. Students will have various opportunities in a mostly practical setting to develop an in-depth understanding of some of the requirements of an elite performer in terms of fitness training, AFL draft testing, sports nutrition, skill and tactical knowledge and skill development and advancement.

To gain entry to this subject, students must:

- Have achieved a minimum of a C Grade in Health and Physical Education
- Complete the application form that outlines why you want to join the class and include a reference from a teacher or Coach
- Have a high standard of behaviour, be responsible and be willing to participate fully in all activities

**Cost: \$60** 

## SEMESTER COURSE: ADVANCED SPECIALISED HPE - BASKETBALL





This course is designed to provide students with opportunities to extend their skills and knowledge as an elite performer in basketball. Students will have various opportunities in both a practical and theory-based setting to develop an in-depth understanding of tactical game play, technical skills required for basketball, fitness programming, sports nutrition, umpiring and coaching.

To gain entry to this subject, students must:

- Have achieved a minimum of a C Grade in Health and Physical Education
- Complete the application form that outlines why you want to join the class and include a reference from a teacher or Coach
- Have a high standard of behaviour, be responsible and be willing to participate fully in all activities

#### SEMESTER COURSE: ADVANCED SPECIALISED HPE - NETBALL







This course is designed to provide students with opportunities to extend their skills, knowledge, and fitness in the widely popular sport of netball. Students will have various opportunities in both a practical and theory-based setting to develop an in-depth understanding of the game of netball.

Students will have the opportunity to compete both at school and off site against partner schools throughout the year.

Fitness is a major aspect of this course; students will participate in one fitness lesson per week. The fitness program will include circuit training, Tabata, strength and conditioning, yoga, boxing, and F45.

To gain entry to this elective, students must:

- Have achieved a minimum of a C Grade in Physical Education
- Complete the application form that outlines why you want to join the class and include a reference from a teacher or Coach

Have a high standard of behaviour, be responsible and be willing to participate fully in all activities

**Cost: \$60** 

#### YEAR LONG COURSE: CROSSFIT ADVANCED

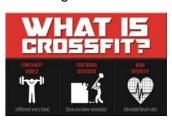
Do you want to be a part of the world's leading health and fitness platform and engage in a proven way to improve your fitness, increase your confidence, and reduce depression and anxiety?

Do you want to join a community of like-minded individuals who value their health and well-being and who acknowledge, support, and cheer each other on during workouts?

Then join the first and only official CrossFit affiliate gym in a WA Public School and get full access to:

- State of art 200m2 \$70 000 gym
- Expert coaches
- local CrossFit gyms

CrossFit is a lifestyle characterized by safe, effective exercise and sound nutrition. It is used to maximize the potential of students and help them accomplish any goal, from improved health to weight loss to better performance.



To gain entry to this elective, students must:

- Have achieved a minimum of a C Grade in Physical Education
- Complete the application form that outlines why you want to join the class and include a reference from a teacher or Coach

Have a high standard of behaviour, be responsible and be willing to participate fully in all activities

#### SEMESTER COURSE: CROSSFIT OLYMPIC LIFTING

This course is available to students who have already completed year 9 CrossFit and want to add Olympic lifting and their current strength and conditioning program. This course will teach athletes how to perform all the variations of the snatch, clean and clean and jerk movements. It will also add in other compound functional movements that act to enhance their Olympic weightlifting movements.

Olympic lifting will enhance an athlete's strength, speed and power as well as improve their muscular endurance and overall athletic ability in CrossFit. This course will suit students currently doing CrossFit or students who want to improve their sporting ability or just improve their overall health and well-being.

To gain entry to this elective, students must:

Have achieved a minimum of a C Grade in Physical Education

Have a high standard of behaviour, be responsible and be willing to participate fully in all activities

Complete the application form that outlines why you want to join the class and include a reference from a teacher or Coach



Cost: \$100

#### SEMESTER COURSE: ACTIVE PURSUITS







This course is designed to expose students to a wide variety of recreational activities.

#### **Activities may include:**

Golf at Sanctuary Golf Course Base MMA/Self-defence Ultimate Frisbee

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Roller skating

**Indoor Cricket** 

Lawn Bowls

Fitness Sessions-gym, boxing, dance fitness, HIIT, Tabata

Floor Hockey

Orienteering

Ten Pin Bowling

Indoor Beach Volleyball

Recreational Walking to the Collie River

Outdoor Beach Volleyball

Indoor Soccer

Squash

Beach Games/Swimming

Stand Up Paddle Boarding

Gaelic Football

After completing this course, students will have developed the skill and confidence to explore and participate in a variety of recreational activities throughout their lives.

#### Students who select this subject:

• Should have achieved a minimum **C** grade in general Physical Education

Should have a high standard of behaviour and responsibility and only those students who are willing to participate fully are encouraged to select this course

#### SEMESTER COURSE: LEISURE PURSUITS







This course is designed to expose students to a wide variety of recreational and health and fitness activities.

#### **Activities may include:**

Aqua Aerobics Zumba
Hot Yoga/Yoga Pilates
F45 Just Dance
Self Defence/Base MMA Boxing
Swimming Meditation

Fitness Classes-strength and conditioning, circuit, Tabata, HIIT

Orienteering/recreational walking to Collie River

Cycling

After completing this course, students will have developed the skill and confidence to explore and participate in a variety of recreational activities throughout their lives.

#### Students who select this subject:

- Should have achieved a minimum C grade in general Physical Education
- Should have a high standard of behaviour and responsibility and only those students who are willing to participate fully are encouraged to select this course

Cost: \$130

#### SEMESTER COURSE: OUTDOOR EDUCATION

At Eaton Community College the Outdoor Education program develops character and skills in students through the promotion of self-reliance, leadership, teamwork, responsibility, healthy risk-taking, communal living and environmental care. The course provides students with an opportunity to learn essential outdoor skills, experience outdoor activities and increase their appreciation of the outdoors. Students will demonstrate these skills across a variety of off-site camp and expedition-type activities across the semester. **Activities may include:** 

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- Swimming
- Orienteering/recreational walking to Collie River
- Cycling
- Cooking with a Trangia
- First aid development
- Day camps
- Overnight camps
- Teambuilding excursions

#### Students who select this subject:

Should have achieved a minimum C grade in general Physical Education

Should have a high standard of behaviour and responsibility and only those students who are willing to participate fully are encouraged to select this course



#### CYBER TECHNOLOGY

# **SEMESTER 1: ICT - DIGITAL GENERATION**







Introducing new skills, as well as building on the skills gained in <u>Digital Creation</u>, this course will use increasingly advanced development environments such as

- Unity, Phaser, and Visual Studio to work towards 3D apps and games as well as websites with increasing functionality.
- 3D design and creation skills will be investigated further, using real world tools such as Fusion 360 and Slic3r.
- Grow your skills and experience and help better understand computing and technological roles that exist in the world.

Cost: \$50

#### SEMESTER 2: DRONE RACING AND ROBOTICS







Learn how to operate and control drones and participate in fun challenges against you classmates. Discover how drones are used to deliver food, medicine, and parcels, and are used capture video footage for surveillance, media and movie making. Using 'Spike Prime' robots, drones, you will develop the skills to program and automate the world around you and use your creativity and problem-solving skills to overcome real-world challenges.

#### **ENGINEERING AND TECHNOLOGIES**

# SEMESTER 1: LIGHT IT UP







Utilising design software, CNC laser cutting and acrylic materials, create a unique flashing LED acrylic sign for you to take home or to give away as a gift to someone special. these creations are usually sold in stores for up to \$200!! Students will also design and prototype the electrical circuits used to light up their creations. For those with an entrepreneurial itch that needs a scratch, you can use the skills developed in this course for your own side hustle designing and developing bespoke products for special occasions.

Cost: \$70

## SEMESTER 2: DESIGN AND CONSTRUCTION







Students will use computer assisted drawing to create and produce plans for either a treehouse, cubby or chook pen. Students will be judged on their innovative designs. Students will work in teams to create selected projects and prepare them for display.

#### FOOD TECHNOLOGY

#### SEMESTER 1: CAFE CULTURE

Are you interested in an assortment of delicious food celebrating cultural influences and current food

trends?

The South West of Western Australia is well-known for its Café culture and showcases contemporary food trends using locally produced foods. This course will introduce you to the world of Hospitality with a variety of recipes from the perfect hotcake to gourmet burgers.

Students will explore local menus and replicate their dishes as well as creating their own recipes.

**Cost: \$85** 



#### SEMESTER 2: CULTURAL CUISINE

Australia is a vibrant, multicultural country. We are home to the world's oldest continuous cultures, as well as Australians who identify with more than 270 ancestries. This rich, cultural diversity is one of our greatest strengths. Food, and the way that we prepare and eat it, carries significant meaning for all people.

Students will delve into the world of food in our daily lives and the important connection this has on our experiences, traditions and the diverse preferences.



**Cost: \$85** 

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#### SEMESTER 2: BAKING

Get out of your comfort zone and try something new by learning how to make scones, pies and cakes.

It doesn't matter if you've never baked a cake before, because these baking classes are designed for everyone and no experience is necessary! Take the time out of life's daily stresses to enjoy learning new cooking skills. Relax and unwind so you can spend quality time with friends and family or celebrate a special occasion, great if you're after birthday party ideas.



Our expert teachers will teach you everything you need to know about how to make the perfect pie, how to decorate a cake like a pro and so much more. You'll be able to ask them questions throughout the class, growing your own confidence in the kitchen and impressing your friends and family too!

#### SEMESTER 1: FASHION AND TEXTILES







In this course students delve into the world of fashion and explore the relationship between art and textiles. The focus being on creating textile products and clothing construction. You will learn how to incorporate these into your clothing choices and fabric selection.

Students gain knowledge and skills in all the essential components of sewing as well as an overview of fashion design and clothing choices. Students will explore how technology has impacted on the fashion industry and clothing construction along with sustainability and the upcycling of clothing.

Practically, students will select and use a variety of equipment, materials and techniques to safely create a varied selection of items.

**Cost \$60** 

#### SEMESTER 2: CRAFT AND SCRAPBOOKING







Do you enjoy craft, love to create or would like to learn some craft skills then this course for you! This course is suitable for beginners, those who completed the craft course in year 9 and experienced crafters.

In this course students will delve further into the wide world of crafts and scrapbooking. Students will explore a variety of crafts including papercraft, crafts using textiles, plus a selection of trending craft techniques. The crafts items completed this year will be different to those completed in year 9.

Students will develop knowledge and skills relating to the specific equipment, materials and techniques used in each craft area. Students will also explore the impact technology has had on each craft covered in the course. Students will also incorporate sustainability into a craft project through upcycling.

Practically, students will select and use a variety of equipment, materials and techniques to safely create a selection of craft items.